



WORKSHOP

OCT
19

LOOKING FOR ADVICE ON HOW TO START THE CONVERSATION WITH AN AGING PARENT?

Dr. Amy D'Aprix, MSW, PhD., is an author, facilitator and coach specializing in life transition topics related to aging, retirement and caregiving. She regularly meets with clients and conducts speaking engagements promoting honest and productive discussion.

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Explore a broad range of topics related to retirement and caregiving with the renowned aging expert. You'll benefit from professional advice on areas such as:

- Life transition planning
- Caregiving
- Starting the conversation with loved ones
- Managing family involvement
- The benefits of senior living

ESSENTIAL CONVERSATIONS WITH GERONTOLOGIST **DR. AMY D'APRIX**

Evening Presentation

**Thursday, October 19
7:00pm to 8:30 pm**

COFFEE AND
DESSERT INCLUDED

**JOIN US!
THE TANNERY**

151 Charles Street, West, Kitchener, ON N2G 1H6

**RSVP TODAY
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